

Pacific Reproductive Services

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Suggested Readings

Before You Get Pregnant

Cooper, Susan and Glazer, Ellen. **Choosing Assisted Reproduction: Social, Emotional and Ethical Considerations.** Perspectives Press, 1998.

Nelison, James (Editor). **A Guide to Effective Care in Pregnancy and Childbirth.** Oxford Press, 2000.

Pies, Chari. **Considering Parenthood.** Spinsters/Aunt Lute, 1988.

Raab, Diana. **Getting Pregnant & Staying Pregnant: Overcoming Infertility and Managing Your High-Risk Pregnancy.** Hunter House, 1999.

Sussman, John R., & Levitt, B. Blake. **Before You Conceive: The Complete Pregnancy Guide.** Bantam Books, 1989.

Wilson, Josleen. **The Pre-Pregnancy Planner.** Main Street Books, 1986.

Pregnancy

Curtis, Glade B. and Schuler, Judith. **Your Pregnancy Week by Week.** Perseus Publishing, 2000.

Douglas, Ann. **The Mother of All Pregnancy Books: The Ultimate Guide to Conception, Birth, and Everything in Between.** John Wiley and Sons, 2002.

Jiminex, Sherry LM. **The Pregnant Woman's Comfort Guide: Safe, Quick and Easy Relief from the Discomforts of Pregnancy & Postpartum.** Avery Penguin Putnam, 1992.

Jones, Catherine and Hudson, Rose Ann (Contributor). **Eating for Pregnancy: An Essential Guide to Nutrition with Recipes for the Whole Family.** Marlowe and Company, 2003.

Murkoff, Heidi E. **What to Expect When You're Expecting,** Third Edition. Workman Publishing, 2002.

Nilsson, Lennart. **A Child Is Born: The Completely New Edition.** Delacorte Press, 2003.

Pepper, Rachel. **The Ultimate Guide to Pregnancy for Lesbians: Tips and Techniques from Conception through Childbirth.** Cleis Press, 1999.

Sears, William and Martha. **The Pregnancy Book: Month-by-Month, Everything You Need to Know From America's Baby Experts.** Little and Brown, 1997.

Simkin, Penny. **Pregnancy, Childbirth, and the Newborn, Revised and Updated: The Complete Guide.** Meadowbrook, 2001.

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Fertility

Marrs, Richard. **Dr. Richard Marrs' Fertility Book: America's Leading Infertility Expert Tells You Everything You Need to Know About Getting Pregnant.** Dell, 1998.

Mattes, Jane. **Single Mothers By Choice: A Guidebook for Single Women Who Are Considering or Have Chosen Motherhood.** Times Books/Random House, 1997.

Mohler, Marie & Frazer, Lacy. **A Donor Insemination Guide: Written by and for Lesbian Women.** Alice Street, 2002.

Rosenthal, Sara M. & Khatamee, Masood A. **The Fertility Sourcebook: Everything You Need to Know.** McGraw Hill, 1998.

Vercollone, Carol Frost. **Helping the Stork: The Choices and Challenges of Donor Insemination.** John Wiley and Sons, 1997.

Parenting

Clunis, D., Merilee and Green, Dorsey. **The Lesbian Parenting Book: A Guide to Creating Families and Raising Children.** Seal Press, 1995.

Glazer, Deborah F, Ph.D. (Editor). **Gay and Lesbian Parenting.** Hawthorne Medical Press, 2001.

Granju, Katie Allison and Kennedy, Betsy. **Attachment Parenting: Instinctive Care for Your Baby and Young Child.** Pocket Books, 1999.

Hogg, Tracey and Blau, Melinda. **Secrets of the Baby Whisperer: How to Calm, Connect and Communicate with Your Baby.** Ballantine Books, 2001.

Martin, April, Ph.D. **The Lesbian and Gay Parenting Handbook.** Harper Perennial, 1993.

Sears, William and Martha. **The Baby Book: Everything You Need to Know About Your Baby from Birth to Age Two.** Little Brown and Company, 2003.

Legal and Adoption

Curry, Hayden (editor). **A Legal Guide for Lesbian and Gay Couples- 11th Edition.** Nolo Press, 2002

Melina, Lois Ruskai. **Making Sense of Adoption: A Parent's Guide.** Harper & Row, 1989.

Senak, Mark S. **Every Trick in the Book: The Essential Lesbian & Gay Legal Guide.** M. Evans & Company, 2003.

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Books for Kids

Gordon, Elaine R. **Mommy, Did I grow in Your Tummy? Where Some Babies Come From.** Santa Monica: E.M. Greenburg Press, 1992.

Greenburg, Keith E. **Zack's Story: Growing Up With Same-Sex Parents.** Lerner Publications 1996.

Newman, Leslea. **Heather Has Two Mommies.** Alyson Publications, 1989.

Schnitter, Jane T. **Let Me Explain, A Story About Donor Insemination.** Perspectives Press, 1995.

Simon, Norma. **All Kinds of Families.** Albert Whitmen & Co., 1987.